



Moorditj Wirrin Koolangkas Program

Moorditj Wirrin Koolangkas (MWK) is an youth program, aiming to strengthen Aboriginal and Torres Strait Islander health through the delivery of culturally safe and relevant health education to youth, aged 10 – 18years, within the Perth metropolitan area.

Who we are



Paige Walley (Left) and Jordan Gliddon (Right)
EMHS Aboriginal Health Promotion Officers.

About Our Program

We partner with schools and community organisations to deliver Culturally appropriate health sessions to Aboriginal and Torres Strait Islander Youth.

Our program offers flexibility and can be tailored to meet your needs, with each sessions lasting an hour.

This Program is **FREE** of charge, with food provided.

What you need to

- A room with a monitor
- Safe environment
- Staff to be present during each session to support the students.
- Both a female and male teacher or support staff to support the puberty and consent, and sexual health sessions.

Please Contact:

Moorditj Wirrin Koolangkas Team
East Metropolitan Health Service
E: EMHS.MWK@health.wa.gov.au
M: 0481 381 813



Moorditj Wirrin Koolangkas



Our Sessions

Scan and book sessions now!



Moorditj Wirrin Koolangkas Program

Introduction Session

- Get to know the students.
- Ice Breaker Games.
- Fun and engaging activities.

1

2 Tobacco and Vaping Awareness

- Informing students of the harms and risks associated with Tobacco and Vaping, with the implementation of refusal skills, if offered a vape or cigarette.

2

Alcohol Awareness

- Informing students of the risks and harms Alcohol can inflict on the adolescent body.

3

4 Healthy Relationships

- Helping students learn about different relationships and how to recognise the qualities that contribute to a healthy relationship.

4

Puberty and Consent Awareness

- Helping students learn about the changes of puberty, the role of personal hygiene, and how consent is an important part of relationships.

Puberty is delivered separately for Boys and Girls

5

6 Sexual Health Awareness

- Education of safe sex practices, the use of contraceptives, and the prevention and detection of STIs and STDs, whilst building an understanding of available health checks and confidential pathways to report or seek treatment.

* Sexual Health is delivered separately for Boys and Girls*

6

External Services Providers - Upon Request

- Upon your request, we provides a external Nyungar Cultural service provider to share history and knowledge.

7