



Rurallink 1800 552 002

Telephone Mental Health Crisis support from a qualified Mental Health clinician.
For Western Australians in regional and remote areas experiencing a mental health crisis
and/or those supporting them.

Available after hours and on weekends

If you are under the care of a Community Mental Health Clinic please call them during business hours

For more information visit Rurallink or scan QR code below:

<https://emhs.health.wa.gov.au/Hospitals-and-Services/Mental-Health/Rurallink>



OVER THE PHONE ACCESS TO:

-  Mental Health Assessment
-  Crisis support, crisis planning and brief intervention
-  Mental health system navigation
-  Mental health information and advice

WHEN MORE THAN TELEPHONE SUPPORT IS REQUIRED

-  Connection to mental health or emergency services for face to face contact
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